

Please evaluate your "Power of Optimism" course



I have learned to take personal control of my outlook on life. Optimism is a learned (and taught) trait. I have learned techniques to promote (develop) optimism in my self & students. A great course and very knowledgeable instructor. I look forward to more about the brain.

Thank you for being the biggest part of "Power of Optimism" hope our paths cross again until then be kind, be optimistic, and above all go with God

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- well thought out
- well connected ideas
and ~~pro~~ found messages
- Enjoy the colored arts and
crafts

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Great presentation! Great relevant
films & materials.

This workshop has pumped me
up for the next school year!

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Great course again! Learned a lot about myself, and my students. Remembering to be optimistic and keeping my student's needs in mind will make me a better teacher. Thank you!

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One of the best courses
I ever taken. One a 1 to 10
scale a big 10!!!

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Really enjoyed the various types of activities. The wide range appeals to the various learning styles. Instructor is pleasant professional & knowledgeable.

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*This was an excellent course
on Optimism. I will use
this in my classroom and teach
my students to be more optimistic.*

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I find that I learn very valuable information during these courses. I like the idea that I can become more optimistic and share it with my students.

Thank you for sharing your inspiration and knowledge.

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Mrs. Torbati is full of energy and I love all the hands on activities.

I always get so much out of her classes ~ I can't wait to go try some strategies in my own classroom.

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Harer Lord Eyeme

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I loved it and plan
to use it for my classes.

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- * Powerful & inspirational workshop
- * Definitely had us reflecting and feeling grateful for the things we do have.
- * Helped me think of ways to improve my attitude & my life.
- * Would highly recommend for others to take.

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Susan Younce 7/6/12

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Dr. Sorbati;

It has been
Such a pleasure

learning with you. I have
discussed every class I have
taken with my friends and
will also read some of the
suggested books.

I will miss you!

Susan

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This was a very interactive
and empowering class that has
definitely impacted my life for
the better
Thank You

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I found the course to be wonderful. I definitely believe that in a school setting it is easy to feel as though class will never end & school will never be over. This class reminded me to behave like a Christian & have faith. I was also able to do a self reflection & determine that I have been negative lately. This class was a wonderful reminder to be positive.

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Thank you for sharing your spirit with us. Enjoyed class! Laughed, learned and had fun. It was definitely worth the time.

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I came expecting to learn
the power of optimism and
it was diffantly accomplished.
I also learned how to
redirect my life in a
positive way. That will
effect my family in a
positive way.

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I love Maryam Torbati! She creates a great learning environment and uses humor & creativity to demonstrate the curriculum.

I feel that I have received valuable information in the quest to optimal Optimism.

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This was a fantastic, hands on approach to learning the Power of Optimism.

I learned more from this class than my last Psych class which was taught through notes and lectures

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I loved it! It is one of the courses I have been waiting for all semester. Dr. Torbotti truly is a gifted and rare Professor. I only wish FPU had more like her. She ~~engages~~ is unique, her courses are passionately geared toward the student learning.

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The way Dr T. teaches is very effective, she keeps you active and engaged.

The Benefits of this course are life changing. i will try to incorporate this class into my "Daily" life!

Loved it!
★ 😊

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This class was a thrill.
I always enjoy Dr. Torbatti.

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This course was extremely interactive and fun. The instructor was hands on and very approachable and had a way to word herself in a way that is comprehensive.

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Course was terrific. A lot of information but
a very interesting, exciting & beneficial way
of retaining it all. Excellent!

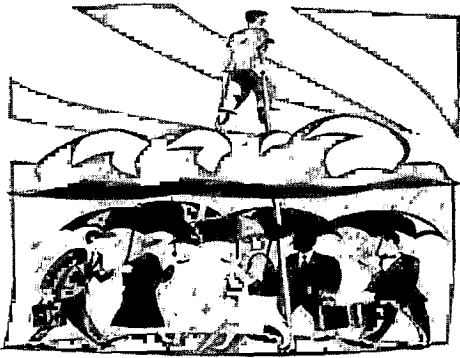
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This course was very interesting and I appreciated the wealth of knowledge the teacher expressed. All of the information learned here I will cherish for the rest of my life.

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This was a great course. I learned valuable/practicable information that I can apply to my life. The instructor was very creative in the way she presented the class and this allowed for a new way of learning which I truly enjoyed. The instructor was very knowledgeable and passionate about the information she was presenting and kept us engaged although this was a long class.

God Bless!

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Class was awesome!

You are fabulous!

Your presentation of information is so wonderful!