

Please evaluate your "Art of Compassion" workshop

Excellent Class and will use techniques
in my class room, I will teach
my kids to get in touch with their
emotions.

Very Good Class!
Excellent!



"Love and compassion are
necessities, not luxuries.
Without them humanity
cannot survive."

- His Holiness the Dalai Lama



Thank you for being the biggest part of "Art of Compassion", and enriching my life to the fullest

With my deepest Gratitude,

Maryam Torbati, PhD.

Melissa M.

Please evaluate your "Art of Compassion" workshop

This was yet another great workshop where I have learned so many new ways to improve as a teacher and a person.

I now know what it takes to be a compassionate person and what I need to work on!



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Thank you, Mr. Torbati;
for simplifying the
overwhelming idea of
teaching others to be
compassionate and for
giving me ideas on how
to become more compassin-
ate too!



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Great workshop!! provided me/some great tools which I can utilize @ work & home. Would highly recommend course to other students.



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Wonderful workshop -

- brought to light we must be compassionate toward ourselves before we can show compassion toward others.

I think a workshop like this should be a part of a credential program

- compassion is a must for teaching!

- Very engaging + interactive!



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I was unsure of how this class would go. Thought it may be very "touchy-feely", BUT I was so impressed with the content! Compassion is real and applicable. I gained not only insight & strategies to use with my students, but many tips to enhance compassion in my own life. I knew nothing about compassion in terms of the "science" & "study", but feel I have a good start to continue learning.



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I have learned so much in this class.
I feel that I have a clearer understanding
of compassion and have been empowered.
We discussed many practices that will
be helpful personally and professionally.
I will value the things I learned.



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This workshop opened my eyes to the power of compassion as a tool to open my students to learning. Dr. Torbati kept us actively learning and thinking all day. I have a summers worth of work to put all I learned into practice.

Dan Eberly
960-0491



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It was another positive workshop. It is helpful to not only learn about other people but to get insight at how to better understand our students so that we can be better educators. These are great workshops in which you actually learn tools to help your lesson plans and classroom dealings with students. I will recommend workshops to everyone I know!



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