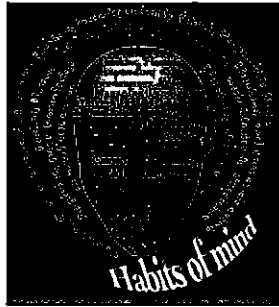


Please evaluate your "Mindfulness" workshop



I loved the activities that demonstrated how mindfulness plays a role in our profession. Also, there were many examples of how this could be brought into our classes.

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Thank you for attending & becoming more mindful, please pass it on